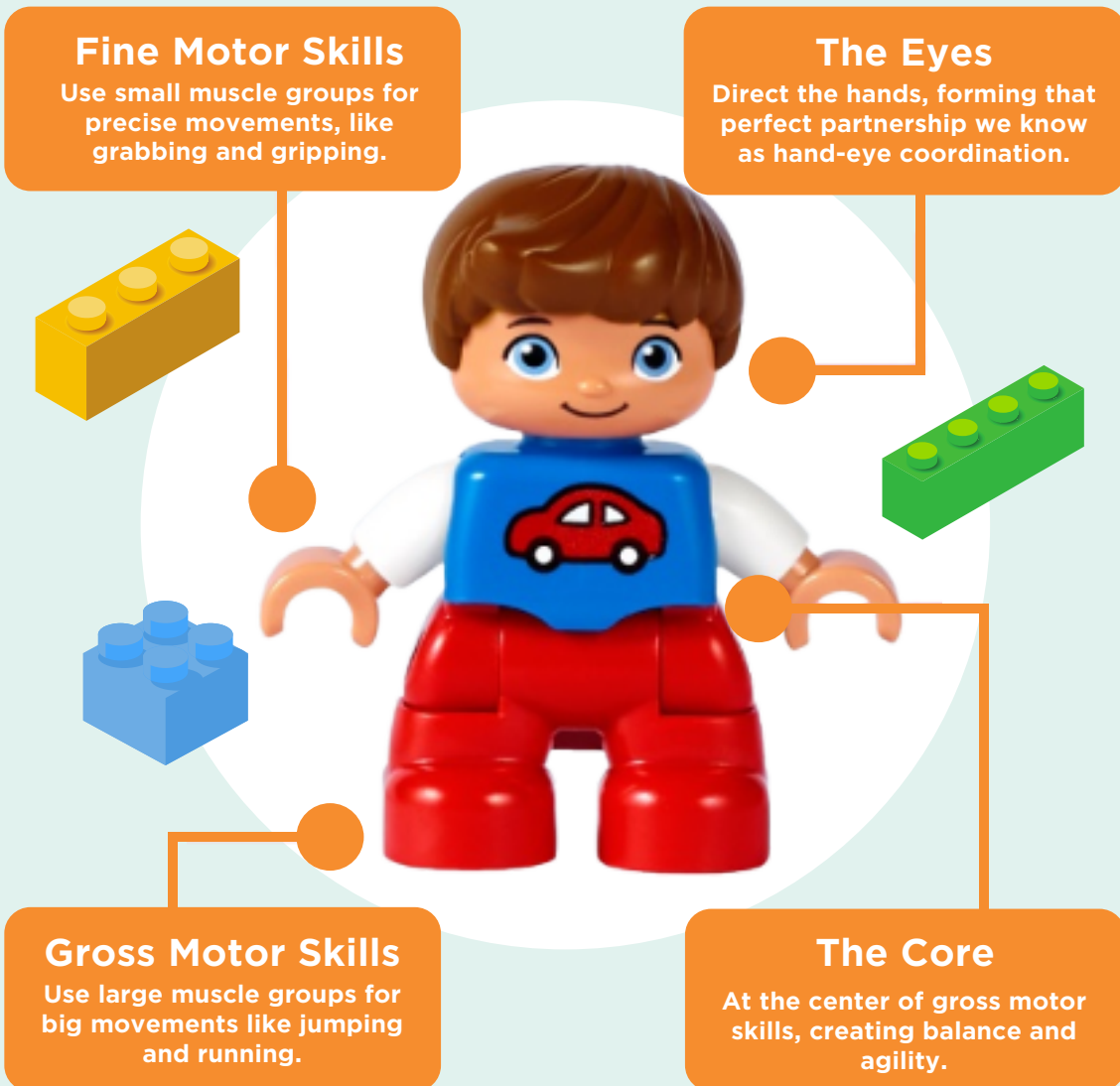


ACTIVITIES TO GROW MOTOR SKILLS WITH LEGO DUPLO

Physical development accelerates explosively between the ages of 0-5! Here's how the body shapes up...

8 WEEKS OF PLAY WITH LEGO DUPLO

8 WEEKS OF PLAY WITH LEGO DUPLO



See the next page for more examples to help your toddler's motor skill development.



Developing Gross Motor Skills



Building Life-sized Towers

Using LEGO DUPLO bricks or stacking cups, makes arms and legs sturdier.



Using Household Items

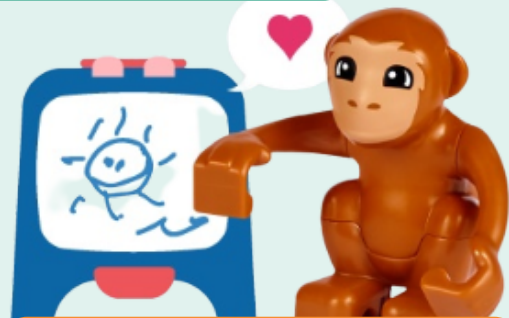
Incorporating this into role play encourages lots of busy activity.

Developing Fine Motor Skills



Popping Bubbles

Playing on a tablet promotes finger isolation and hand-eye coordination.



Chalking, Scribbling or Painting

This boosts digit strength and precision.

Developing a Love of Movement



Space to Roam

Toddlers enjoy space to wonder and explore, so try the bush in winter, or the beach in summer!